



# INFORMATION SHEET

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## Prevention Programme

We help prevent young people from:

- Offending
- Criminal activity
- Social exclusion

And provide positive guidance and opportunities for the future.

**Why?** Because young people are the future. Youth matters.

**How?** By listening to young people, understanding their needs, and working with them to help them to help themselves.

The Slough Youth Offending Team (YOT) offers innovative ways of motivating young people to turn away from crime and find a more positive outlook.

### Helping you to get on in life

The YOT run a range of workshops to help raise awareness, identify individual potential and develop essential life/key skills to enable success.

**Job club:** learn those essential skills required for the workplace. Receive support exploring opportunities and completing applications/CVs

**Substance misuse:** a look into the effects of drugs/alcohol and the consequences of excessive use

**Mentoring:** meet with one of our volunteers regularly for some objective advice, support and guidance

**Crime prevention:** an insight into the consequences of offending and looking into possible prevention strategies

**Managing conflict:** a look at concerning behaviour and related emotions which need to be addressed and managed more effectively in daily life

**Weapons Awareness:** Information on the dangers of using weapons and the impact on oneself and others

**Group Sessions:** Looking at self esteem, anti social behaviour etc.

## There's more to life

A range of one day excursions, educational visits and holiday programmes on offer to provide great opportunities and memorable experiences. These include:

**GO APE**      **Museum visits**      **Canoeing**      **Theme parks**      **Archery**  
**Bowling**      **Rock climbing**      **Water orbs**      **Army barracks**

Give your confidence a boost and discover new skills and talent with our after school opportunities. Working with our partner agencies we offer a range of after school leisure and recreational activities. Which include access to the following:

**Judo**      **Boxing**      **Swimming**      **Football clubs**      **Dance**  
**Gym**      **Beauty**      **Ice Skating**      **Self-defence**      **Basketball**  
**Breakaway Project**

## Getting you connected

The YOT can put you in touch with other local agencies which may be of interest:

<p>Prince's Trust          0800 842 842  <a href="mailto:webinfo@princes-trust.org.uk">webinfo@princes-trust.org.uk</a>  <a href="http://www.princes-trust.org.uk">www.princes-trust.org.uk</a></p>	 <p>Prince's Trust</p>	<p>YES (Youth Engagement Slough)          01753 574780          07580 123565  <a href="http://www.yesslough.com">www.yesslough.com</a>  <a href="mailto:info@yesslough.org.uk">info@yesslough.org.uk</a></p> 
<p>Young People's Service          01753 875510  <a href="mailto:Sloughforyouth@slough.gov.uk">Sloughforyouth@slough.gov.uk</a>  <a href="http://www.sloughforyouth.com">www.sloughforyouth.com</a></p>		<p>Aik Saath (Together as One)          01753 574780  <a href="mailto:info@aiksaath.com">info@aiksaath.com</a>  <a href="http://www.aiksaath.com">www.aiksaath.com</a></p> 

## Complaints

If you have any complaints about the service you receive, please take this up in the first instance with your YOT officer. If you remain dissatisfied please write to: Slough Youth Offending Team - Head of Service, Ground Floor East, St Martins Place, 51 Bath Road, Slough, Berkshire, SL1 3UF

**Slough YOT:** Phone: 01753 522 702

**Email:** [yoteam@scstrust.co.uk](mailto:yoteam@scstrust.co.uk)

**Web:** [www.scstrust.co.uk](http://www.scstrust.co.uk)

Slough YOT aims to provide a service that is fair to everyone. We will not accept racist, sexist, other offensive remarks or behaviour from staff members or young people.

We also want a healthy work place, so smoking is not allowed in our offices. We will not see people if they are under the influence of alcohol or drugs.

